**July 29th - August 9th**

**Morning**

* Write down blood pressure
  + If under 120/80 don’t give blood pressure medication. Give Pradaxa and supplements only.
  + Put water in kettle and turn it on
  + Give him a protein shake from the pantry.

**Evening**

* Write down blood pressure.
  + If blood pressure is under 120/80 do not give nifedipine.
  + Put water in kettle and turn it on.
  + Put pre-contained food on the table.

**Saturday**

* Refill medication in the container